

Massage

Relax With

A Fusion Of

Deep Tissue,
Acupressure,
Swedish, Shiatsu
And
Overall Wellness Massage



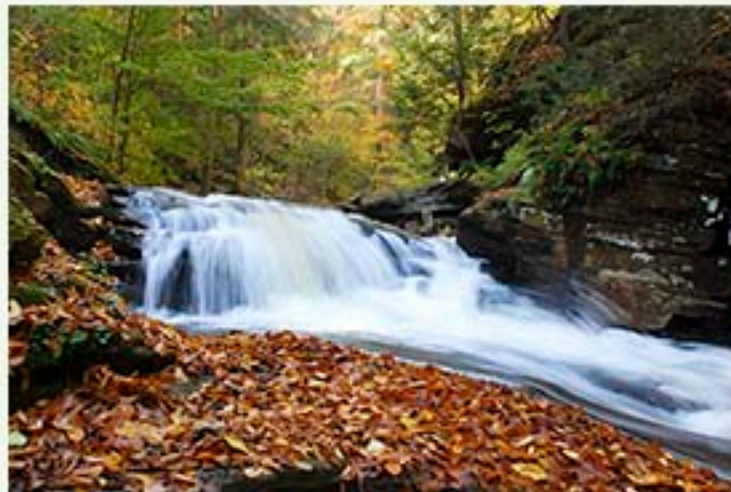
Jami Novak, CMT
Practicing Since 2001
JamiNovak@gmail.com

(570) 241-3383

ecobriefs

PennFuture Launches New Anti-Drilling Campaign

PennFuture is providing new ways for the public to try to prevent gas drilling in our 117 state parks and three conservation areas. Don't Drill Through the Heart of Pennsylvania campaign allows individuals and/or companies and organizations to enroll in or endorse the cause, learn more about the issue, and donate to and become a member of the organization.



Ricketts Glen State Park Courtesy of Crystal Wightman

Each year, about 38 million people visit one of Pennsylvania's state parks to enjoy whitewater rapids, fall foliage, ice fishing, hiking, birding and camping and more. The Commonwealth doesn't own the mineral rights under most of the state parks and there is increasing pressure to drill. But just because something is legal doesn't make it right.

PennFuture is a statewide public interest membership organization, founded in 1998. Its initiatives include litigating cases before regulatory bodies and in local, state and federal courts, advocating and advancing legislative action on a state and federal level, public education, and in assisting citizens in public advocacy.

To learn more or take action, visit PennFuture.org/campaigns, or call 717-214-7927.

ACT NOW!

**Produce
Your Own
ENERGY**



Green Field
ENERGYSOLUTIONS

Solar PV / Wind Turbines

Get Off The Grid™

Visit:

www.gfeswind.com

For Upcoming Workshops

570-876-0537

907 Route 6
Mayfield, PA 18433



HOLIDAY WELLNESS

GIFT CERTIFICATES AVAILABLE!

10% DONATED TO
CANDY'S PLACE TO
BENEFIT CANCER
PATIENTS

inner peace
HEALTH HEALING & WELLNESS ASSOCIATES

Connecting Mind, Body & Spirit

COLON HYDROTHERAPY • CAYCE REMEDIES • MASSAGE
SHIATSU • YOGA • REIKI • AROMATHERAPY
MEDITATION • HERBS • SUPPLEMENTS
EDUCATIONAL SEMINARS • LIFE COACHING
and so much more!

570.208.1511



315 Plaza, 1114 Route 315, Plains Twp., PA



innerpeacehhw.com